

Meeting abstract

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Antimicrobial activity of cefepime and rifampicin in cerebrospinal fluid in vitro

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Objectives

Although antimicrobial agents are used for infections of the central nervous system (CNS), their pharmacodynamics is commonly evaluated only in commercially available bacterial growth media. It has been described that different media such as cerebrospinal fluid (CSF) may affect the activity of antibiotics [1,2]. Due to documented penetration into CSF, cefepime and rifampicin are used for treatment of CNS infections. In the present study, the effects of CSF on bacterial killing by these agents were investigated.

Methods

CSF was collected from over 150 patients without antibiotic therapy. The samples were pooled, stored at -80° and sterile-filtered before use. Time-kill curves of cefepime and rifampicin were performed over 24 h using drug concentrations of 0.25, 0.5, 1, 2, 4 and 8-fold the respective MIC for the *Staphylococcus aureus* ATCC 29213 strain. Killing curves were performed in Mueller-Hinton broth (MHB), in CSF incubated in ambient air (CSF_{air}) and in CSF in air with 5% CO₂ (CSF_{CO2}). CO₂ was used to adjust the pH of CSF to physiological values as previously recommended [3].

Results

Bacterial growth in CSF was slower and less pronounced than in MHB resulting in bacterial counts that were ~10-fold lower in CSF than in MHB after overnight incubation.

However, sustained bacterial killing was achieved by cefepime at lower drug concentrations in CSF_{CO2} than in MHB. In contrast, rifampicin concentrations above the MIC were required to exert sustained killing in CSF_{CO2}. Both drugs were least effective in CSF_{air} due to the increase of the pH to 9–10 which is known to reduce the activity of both agents.

Conclusion

Standard susceptibility tests may lead to over- or underestimation of the activity of distinct antibiotics in CSF. Evaluation of the antimicrobial activity in pH-adjusted CSF can provide helpful information on antibiotics considered for the treatment of bacterial infections residing in CSF.

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